# COUNSELING PSYCHOLOGY AND COUNSELOR EDUCATION (CPCE)

# Courses

# CPCE 5500 Introduction To Professional Counseling Credits: 3

This course introduces students to the professions of counseling and counseling psychology as practiced in a variety of settings. The course provides and overview of basic concepts of mental health, client problems, history of the profession, ethical and professional standards, counseling in a multicultural and pluralistic society, and licensure and credentialing. The course also orients students to the counseling program at UMKC. May be taken prior to admission.

# CPCE 5502 Fndtns Of Elementary & Secondary School Counseling Credits: 3

The course will present an overview of theory and practice in the field of school counseling and will examine the roles and functions of school counselors. For School Counseling Emphasis only.

# CPCE 5503 Psychopathology: Diagnoses And Classification Credits: 3

This course is designed to provide students with an opportunity to study psychopathological patterns, mental disorders, and other reactions in client behavior, which are encountered by therapists, counselors, and psychologists in contemporary psychological service systems. The major focus of the course will be on learning current diagnostic criteria and making differential diagnoses. Attention will also be given to the etiology, development, dynamics, and treatment of psychopathology. In addition, the influence of culture on behavior and treatment will be discussed. **Prerequisites:** Departmental consent.

# CPCE 5504 School Counseling Programs Credits: 3

This course will provide knowledge and skills in the development and management of comprehensive school counseling programs, including program planning, implementing and evaluation.

Prerequisites: CPCE 5502.

# CPCE 5505 Career Development I Credits: 3

Theories of career development and vocational choice and their implications in counseling. Emphasizes knowledge of occupational and career information sources and use of these data by counselors and counseling psychologists. Open to any student who has been admitted to an advanced degree program.

### CPCE 5513 Advanced Developmental Science Across the Lifespan Credits: 3

This course introduces students to the theories and research of biological, cognitive, social and personality development across the lifespan, within the layers of context of people's lives. Special attention is given to the role in development of social class, gender, ethnicity and culture.

# CPCE 5515 Assessment Methods In Professional Counseling Credits: 3

This course provides an understanding of assessment process and assessment techniques. Students will develop skills in selection, administration, and interpretation of representative assessment instruments.

Prerequisites: CPCE 5500.

# CPCE 5520 Theories of Counseling Credits: 3

Theoretical positions in counseling; significance of these theories in professional practice. To be taken prior to CPCE 5531. **Prerequisites:** CPCE 5500 (or co-requisite).

### CPCE 5521 Special Counseling Methods - Substance Abuse Credits: 3

Theories and methods of counseling as applied to clients with substance abuse problems. Includes assessment, treatment strategies, and evaluation. Skills practice in implementing methods.

### CPCE 5523 Counseling the Older Adult Credits: 3

This course provides an overview of the basic biological, psychological and social aspects of later life as preparation for counseling the diverse older adult population, Current evidence-based theory related to this specific population is presented along with refinement of interpersonal and counseling skills to support counseling intervention with older adults and their families in the multiple contexts they are served. Best practice examples for meeting the needs and providing mental health services to older adults are reviewed.

CPCE 5527 Theory And Methods Of Sexual Counseling Credits: 3

The focus of this course is on sexual development and the acquisition of therapeutic skills to work with problems relating to human sexual functioning and sexual dysfunctions.

Co-requisites: CPCE 5520.

# CPCE 5528 Introduction to Play Therapy Credits: 3

Course covers the philosophy and rationale for using play media in counseling with childeren and the history of play therapy. The client-centered theoretical approach will be examined with an emphasis on creating and maintaining a relationship with the child that allows for the effective use of play media.

CPCE 5530 Skills for Counseling and Psychotherapy Credits: 3

This course is designed to introduce students to the fundamental concepts and methods of counseling and psychotherapy. Students will apply ethical and multicultural principles to the helping relationship while learning the basic methods of humanistic, psychodymamic, and cognitive behavioral approaches as they relate to the helping process. A main focus of this course is the acquisition of basic helping skills. Students will also become familiar with counseling and therapy outcome research and will increase their level of self-awareness.

Prerequisites: Admitted to the Clinical Psychology PhD program OR Counseling MA students must have co- or pre-req of CPCE 5520.

CPCE 5531 Counseling Practicum I Credits: 3

Closely supervised therapeutic counseling with individuals; translation of theory into practice; clinical and professional techniques and issues. **Prerequisites:** CPCE 5553 (or co-requisite).

CPCE 5532 Counseling Practicum II Credits: 3

Supervised therapeutic counseling with individuals and consultation in professional settings. **Prerequisites:** CPCE 5531; and CPCE 5551 (or co-requisite).

CPCE 5533 Couples And Family Therapy Practicum Credits: 3-6 Supervised application of theories and methods of family therapy with individuals, couples and families. **Prerequisites:** CPCE 5531 and CPCE 5542; and CPCE 5551 and CPCE 5541 (or co-requisites).

CPCE 5534 Practicum For The Assessment Of Children And Adolescents Credits: 3

The practicum for the assessment of children and adolescents covers the facilitation of psychological evaluations for this population and includes maintaining a caseload of assessment evaluations to complete through the CCS Assessment Center. Specialized assessment evaluations and conceptualization issues are covered in the second half of the course, with evaluations for ADHD and other learning disorders emphasized. Special topics will be discussed at the end of the course.

Prerequisites: CPCE 5515.

CPCE 5535 School Counseling Practicum Credits: 3

This course is the school counseling practica and as such is focused on skill development, case conceptualization, and effective practice in the delivery of direct and indirect school counseling services in the K-12 school setting. **Prerequisites:** CPCE 5530 CPCE 5553 (pre or co-), CPCE 5502 EDUC-C&I 5517 (for students who are not certified teachers)

CPCE 5539 Continuing Counseling Practicum Credits: 1-6 Supervised therapeutic counseling with individuals. **Prerequisites:** CPCE 5532.

CPCE 5540 Theories And Methods In Group Counseling Credits: 3

Theories and research in group counseling, including knowledge and skills in establishing and maintaining a counseling group; effective group leadership; therapeutic factors in groups; strategies for group development; and ethical and multicultural considerations in group work. Requires participation in a professional growth group.

Prerequisites: CPCE 5530.

CPCE 5541 Couples And Family Therapy Credits: 3

Introduction to family relationships and the application of life cycle stages to working with couples and families. Focus also includes the study of a range of family configurations and issues with attention to diversity.

CPCE 5542 Theories and Techniques of Family Systems Therapy Credits: 3 A study of major family systems theories and their applied practices in family therapy. Students will develop skills in family assessment techniques and family therapy processes.

Prerequisites: CPCE 5530 (or co-requisite).

CPCE 5547 Psychology of Stress and Trauma Credits: 3

This course is designed to introduce students to the psychology of stress and trauma. Students will learn about the effects of stress and trauma, as well as counseling interventions that address the effects of stress and trauma. Specifically, students will learn about vicarious trauma, the psychophysiology of stress and trauma, diagnostic and assessment-related issues with stress and trauma, therapeutic approaches to working with trauma survivors, multicultural and social justice considerations, and trauma therapy as applied to specific populations. **Prerequisites:** CPCE 5500 or admission into psychology doctoral program or departmental consent.

CPCE 5548 Suicide Prevention Credits: 3

This course is designed to provide students with an understanding of suicide prevention from the perspective of a counselor. The major focus of the course will be on learning assessment and treatment strategies. Attention will also be given to statistics and research related to suicide. In addition, ethical considerations and common symptoms, experiences, and co-occurring disorders will be discussed. **Prerequisites:** CPCE 5520

# CPCE 5550 Organization And Administration Of Counseling Programs Credits: 3

Organization, administration, and planning of counseling programs with emphasis on their practical aspect; counseling practice in schools and agencies; intraprofessional relationships; legal and ethical considerations. Course to be taken near completion of the master's program. **Prerequisites:** CPCE 5502, CPCE 5504

# CPCE 5551 Counseling in a Pluralistic Society Credits: 3

Addresses the needs of diverse populations served by counselors and addresses developing intervention methods of working with these populations. Focuses on advocacy and change agent roles of counselors.

# Prerequisites: CPCE 5520 (or corequisite).

# CPCE 5553 Ethics And Professional Issues In Counseling Credits: 3

This course is designed to examine the major ethical and professional issues within the counseling profession. More specific, ethical dilemmas and professional issues relevant to the practice of mental health, marriage and family, school and substance abuse counseling are the major foci of this course. In addition, instruction is designed to enhance student understanding of the ethical standards such that students can effectively apply the critical thinking necessary to practice ethical behavior with clients, professional colleagues, consultees, and the communities in which they work.

### CPCE 5575 Internship in Counseling Credits: 3

This course is designed for MA students on internship. Internship in Professional Counseling provides students with the opportunity to practice counseling and function professionally in a counseling setting, as well as become aware about the many issues encountered by professional counselors. This course also offers students the opportunity to discuss and examine their experiences, which will require them to think reflectively about a wide range of counseling issues, including human and cultural diversity in this field. **Prerequisites:** CPCE 5532

### CPCE 5575A Internship In Counseling I Credits: 3-16

First semester of a sequence of applied experiences in a planned, supervised program. Seminar accompanies internship experiences. The following areas of specialization are available: a) Marriage and Family, b) Mental Health, c) School, and d) Substance Abuse. **Prerequisites:** CPCE 5532 or CPCE 5533.

### CPCE 5575B Internship In Counseling II Credits: 3-16

Second semester of a sequence of applied experiences in a planned, supervised program. Seminar accompanies internship experiences. The following areas of specialization are available: a) Marriage and Family, b) Mental Health, c) School, and d) Substance Abuse. **Prerequisites:** CPCE 5575A.

# CPCE 5575C Internship In Counseling III Credits: 3-16

Third semester of a sequence of applied experiences in a planned, supervised program. Seminar accompanies internship experiences. The following areas of specialization are available: a) Marriage and Family, b) Mental Health, c) School, and d) Substance Abuse. **Prerequisites:** Admission to Educational Specialist program in counseling.

### CPCE 5576 School Counseling Internship Credits: 3

This class is a supervised internship working in a school setting. Students have the opportunity to strengthen their skills and mature in their understanding and practice of professional school counseling practice.

### CPCE 5589 Special Topics Credits: 1-6

A course designed to deal with a topic which is not available in the regular course offerings. Topics, instructors, and prerequisites to be listed in the semester bulletin.

CPCE 5589CA Special Topics Credits: 1-6

CPCE 5589GC Special Topics Credits: 3

CPCE 5589NP Special Topics Credits: 1-6

CPCE 5589PL Special Topics Credits: 1-6

CPCE 5589SE Special Topics Credits: 1-6

A course designed to deal with a topic which is not available in the regular course offerings. Topics, instructors, and prerequisites to be listed in the semester schedule.

CPCE 5590 Prevention, Consultation, and Program Evaluation in Community Settings Credits: 3

Course provides an overview of mental health consultation and collaboration in community settings. Models and theories of consultation and considerations for ethical practice in diverse settings are reviewed. The course also introduces prevention and program development and evaluation as roles for professional counselors. The course will briefly review the history of prevention, and allow students to develop a prevention program for a population of interest.

Prerequisites: CPCE 5531 (or co-requisite).

CPCE 5598 Individual Studies Credits: 1-6 Review of the research and trends relative to selected problems. CPCE 5599 Research And Thesis Credits: 1-9 Research and Thesis

CPCE 5600 Introduction To Counseling Psychology Credit: 1

This course is intended to assist new doctoral students in their orientation to UMKC and to the profession of Counseling Psychology. The course also introduces students to the ethical principles and code of conduct for psychologists.

### CPCE 5605 Career Development II Credits: 3

Major theories and research in vocational psychology and career development and implications for the work of the counseling psychologist and counselor.

# Prerequisites: CPCE 5505.

CPCE 5609 Assessment II: Intellectual And Cognitive Assessment Credits: 3

This course is designed to provide students with a foundation in the use of intellectual and cognitive assessment instruments in clinical evaluation. The course covers theoretical issues pertinent to intellectual and cognitive assessment as well as basic assessment skills including administration, scoring, interpretation, and communication of results for commonly used measures.

Prerequisites: Admission to the Ph.D Program in Counseling Psychology.

# CPCE 5610 Theoretical And Professional Issues In Counseling Psychology Credits: 3

This course is designed to introduce first year doctoral students to the fundamental concepts and methods of psychology conceived as the application of scientific and ethical reasoning to human problems. It will provide an in-depth examination of the American Psychological Association code of ethics and its application to the conduct of psychologists. Critical and analytical thinking will be emphasized in all aspects of the course. The course will cover broad models of clinical and counseling psychology and their historical and scientific foundations, issues in diagnosis, cross-cultural applications and professional problems in light of ethical principles, professional standards, scientific data multi-cultural contexts.

# CPCE 5611 Objective Personality Assessment Credits: 3

This course is designed to help students develop knowledge and skills related to the selection, administration, and interpretation of some representative objective personality assessment instruments used in counseling/clinical settings. Students will also learn to integrate data obtained from an assessment battery to write comprehensive psychological reports.

# CPCE 5615 Survey Of Research In Counseling Psychology Credits: 3

Survey of significant research in counseling psychology. Critical evaluation of research procedures, instrumentation, and clinical application of results. **Prerequisites:** EDUC-R&P 5605 and EDUC-R&P 5608.

### CPCE 5620 Advanced Theories And Methods Of Counseling Credits: 3

Personality and learning theories and their implications for professional practice in counseling psychology. Emphasis on critical evaluation of assumptions, methods, comprehensiveness and usefulness of the theories, with reference to related research. **Prerequisites:** CPCE 5532.

CPCE 5631 Advanced Counseling Practicum Credits: 3 Advanced supervised therapeutic counseling with individuals and supervised consultation in clinical settings. **Prerequisites:** CPCE 5532.

CPCE 5632 Practicum In Group Counseling Credits: 3

Leading groups under supervision. Focus on problems and experiences of counselors and counseling psychologists when leading groups. **Prerequisites:** M.A. in Counseling, CPCE 5540.

CPCE 5633 Advanced Couples & Family Practicum Credits: 3 Advanced supervised application of theories and methods of family therapy with individuals, couples and families. **Prerequisites:** CPCE 5542.

### CPCE 5634 Assessment Practicum Credits: 3

The practicum for assessment of children, adolescents, and adults covers the administration of psychological evaluations and includes maintaining a caseload of assessment evaluations. Specialized assessment evaluations and conceptualization issues as well as special topics are covered, with evaluations for ADHD and learning disorders emphasized. **Prerequisites:** CPCE 5611, 5609, 5531, 5532.

CPCE 5639 Continuing Advanced Counseling Practicum Credits: 1-6 Supervised therapeutic counseling with individuals, beyond the advanced level. **Prerequisites:** CPCE 5631.

CPCE 5640 Theories And Methods Of Counseling Supervision Credits: 2 This course offers an overview of counseling supervision theories and models, and contemporary research. It also addresses supervision process and tasks, diversity in supervision, and supervisor's ethical and legal responsibilities. **Prerequisites:** CPCE 5631. CPCE 5641 Supervision Practicum Credit: 1

This course is designed to provide students with an opportunity to practice supervision. Students will be assigned 2 to 3 counselors-in-training from a CPCE 5531 and CPCE 5532 practicum class to supervise over the course of a semester. The practicum instructor will provide weekly supervision. **Prerequisites:** CPCE 5640.

CPCE 5645 Projective Testing Credits: 3

Course focuses on the diagnostic use of projective assessment techniques, with a special focus on the Rorschach Inkblot Test. **Prerequisites:** CPCE 5515, Enrolled in Doctoral Psych. Program, and Measurement of Intelligence or Cognitive Assessment course.

CPCE 5650 Prevention and Consultation in Counseling Psychology Credits: 3

An overview of the psychologist's role in consultation, program development and evaluation in the context of prevention. Students will also apply their knowledge and develop skills in prevention and consultation by developing a prevention program for a real-life setting.

CPCE 5675 Internship In Counseling Psychology Credits: 1-16 Applied experiences in a professional setting under supervision of licensed psychologists.

CPCE 5690 Special Problems Credits: 1-6 Individual studies; thesis exploration; special reading.

CPCE 5699 Research And Dissertation Credits: 1-16 Research and Dissertation.