

BACHELOR OF ARTS: PSYCHOLOGY

University Requirements

General Education

UMKC Essentials is the university-wide curriculum that all undergraduate students will complete. The 30-credit hour program includes a First Year Experience course; three critical thinking courses in the areas of Arts & Humanities, Natural & Physical Sciences, and Social & Behavioral Sciences; a course in Culture and Diverse Perspectives; a course in Civic & Urban Engagement; two courses in Written Composition and one course in Oral Communication; and a Math Pathway course. Transfer students entering UMKC will elect from the UMKC Essentials General Education Program or the Missouri Core 42 General Education Curriculum. Academic advisors will meet with incoming transfer students to determine which option best serves the student's educational needs. More information about General Education may be found on the General Education Requirements (<https://catalog.umkc.edu/undergraduate-academic-regulations-information/general-education-requirements/>) page.

Constitution Course

Every undergraduate student must take a course covering the United States Constitution and the Missouri State Constitution before graduation. Course options are included in the program requirements section below.

Exit Examinations

Information on exit examinations is available in the Undergraduate Academic Regulations and Information (<https://catalog.umkc.edu/undergraduate-academic-regulations-information/graduation/exitexams/>) section of the catalog.

Missouri Higher Education Civics Achievement Examination

In accordance with Missouri Senate Bill 807 (section 170.013.1), 'any student entering a public institution of higher education for the first time after July 2019 who is pursuing an associate's or bachelor's degree from such institution shall successfully pass an examination on the provisions and principles of American civics with a score of seventy percent or greater as a condition of graduation from such institution'. To satisfy this requirement at UMKC, students access the exam through the Canvas site. This requirement will be listed in the degree audit system as, 'Take State Mandated Missouri Higher Education Civics Achievement Examination', and listed on the transcript as 'Missouri Civics Examination'.

Student Learning Outcomes

Students graduating from this program will:

- Describe major concepts, theoretical perspectives, empirical findings, and historical trends in psychology.
- Engage in integrative, science-based reasoning to interpret behavior and solve problems.
- Apply ethical standards outlined by the American Psychological Association to science and practice.
- Effectively write, speak, and interact with others.
- Apply psychological content and skills to career goals, and develop professional direction for life after graduation.

Program Requirements

UMKC Essentials

Code	Title	Credits
First Semester Experience Course (GEFSE)		3
Written Communication:		
ENGLISH 110	Introduction to Academic Prose	3
ENGLISH 225	English II: Intermediate Academic Prose	3
Oral Communication (choose one of the following):		
COMM-ST 110	Fundamentals of Effective Speaking and Listening	3
COMM-ST 140	Introduction to Communication	
COMM-ST 212	Argumentation And Debate (offered via dual credit only)	
COMM-ST 277	Interpersonal Communication	
Math Pathway (choose one of the following):		
MATH 116	Mathematics For Liberal Arts	3
STAT 115	Statistical Reasoning	
MATH 110	Precalculus Algebra	
MATH 120	Precalculus (5 credit hours)	
Any 200-level MATH or STAT course		
ACT Math Subscore of 28 or higher; or SAT Math Subscore of 660 or higher		

Critical Thinking in Arts & Humanities (GECRT-AH)	3
Critical Thinking in Natural & Physical Sciences (GECRT-SC)	3
Critical Thinking in Social & Behavioral Sciences (GECRT-SS)	3
Culture & Diverse Perspectives (GECDEV)	3
Civic & Urban Engagement (GECUE)	3
Total Credits	30

Constitution Course Requirement

Section 170.011.1 of the Missouri Revised Statutes, 2015, states that all candidates for a degree issued by a college or university in the state of Missouri must have “satisfactorily passed an examination on the provisions and principles of the Constitution of the United States and of the state of Missouri, and in American history and American institutions.”

Courses at UMKC that satisfy this state requirement are:

Code	Title	Credits
Choose one of the following:		
CJC 364	The Supreme Court And The Criminal Process	3
HISTORY 101	U.S. History to 1877	
HISTORY 102	U.S. History Since 1877	
HONORS 230	Honors American Government	
POL-SCI 210	American Government	
Total Credits		3

There are a few other ways this requirement can be satisfied for students transferring to UMKC:

- Take an equivalent course from the list above at a regionally accredited institution.
- Earn credit for one of the above courses through AP, IB, or CLEP.
- Take a course that directly satisfies the Missouri Constitution Requirement at another Missouri institution.
- Have a previous bachelor's degree (or higher) from a regionally accredited institution.
- Have an Associate of Arts degree from a regionally accredited institution.
- Complete the 42 Hour Core at a Missouri institution and have it listed on the official transcript.

Major Requirements

Majors are required to complete a minimum of 36 hours of coursework in psychology. The major is comprised of required, foundational, and elective courses.

Code	Title	Credits
Required Courses		
PSYCH 210	General Psychology	3
PSYCH 217	Academic and Career Opportunities in Psychology	3
PSYCH 302	Research Design in Psychological Science	3
PSYCH 316	Quantitative Methods In Psychology	3
Foundational Courses		
Biological		
PSYCH 418	Brain and Behavior I	3
Clinical		
PSYCH 323	Theory and Methods of Personality	3
or PSYCH 433	Psychological Perspectives on Mental Health	
or PSYCH 444	Introduction to Clinical Psychology	
Cognitive		
PSYCH 407	Cognitive Psychology	3
Developmental		
PSYCH 222	Child Psychology	3
or PSYCH 271	Adolescent Psychology	
or PSYCH 440	The Psychology Of Aging	

Diversity

PSYCH 305	Psychology of Gender	3
or PSYCH 320	Ethnic and Diversity Perspectives in Psychology	

Social & Applied

PSYCH 212	Social Psychology	3
or PSYCH 231	Health Psychology	

Major Electives

Select a minimum of six hours of elective coursework not already completed above: ¹ 6

PSYCH 222	Child Psychology	
PSYCH 231	Health Psychology	
PSYCH 271	Adolescent Psychology	
PSYCH 305	Psychology of Gender	
PSYCH 320	Ethnic and Diversity Perspectives in Psychology	
PSYCH 323	Theory and Methods of Personality	
PSYCH 405	Motivation and Emotion	
PSYCH 433	Psychological Perspectives on Mental Health	
PSYCH 440	The Psychology Of Aging	
PSYCH 444	Introduction to Clinical Psychology	
PSYCH 450	Special Topics	
PSYCH 461	Field Practicum	
PSYCH 490	Directed Individual Research	
PSYCH 491	Psychology Research Externship	
PSYCH 495WI	Contemporary Issues in Psychology	

Total Credits 36

¹ A maximum combination of 3 credit hours of PSYCH 490 and PSYCH 491 and a maximum of 3 credit hours of PSYCH 461 may be used toward fulfilling elective requirement.

General Electives

Students must take elective credit hours to meet the minimum credit hour requirement for their degree, including at least 36 credit hours of coursework at the 300-level or above. The minimum required by the university is 120 credit hours, of which at least 30 credit hours must be taken at UMKC, but some degree programs require more.

Code	Title	Credits
General Electives		51

Other Requirements

Double majors with Sociology or Criminal Justice & Criminology may use the statistics courses taught in those departments (SOCIOL 363 or CJC 303) to fulfill PSYCH 316.

Double majors with the Conservatory may apply up to 6 credits from CONSVTY 395 or CONSVTY 435 toward their psychology electives.

A grade of "C-" or higher must be achieved for any course to apply toward the major in psychology.

Minimum GPA: 2.0

Total Credit Hours: 120

Tools for Planning and Fulfilling Academic Requirements

UMKC's Major Maps are detailed, semester by semester plans that lead a student to complete all degree requirements within four years. Plans include benchmarks and critical courses by term that assist a student's evaluation of progress and major "fit". In order to ensure that the appropriate courses are taken, students are encouraged to consult with the undergraduate advisor for this major. Please see the tab above to view the major map for this program.

UMKC's Transfer Guides (<https://www.umkc.edu/transfer/transfer-credit/transfer-guides.html>) provide detailed guidance on recommended transfer coursework, plans of study, transfer timelines, and transfer contact information. To ensure a seamless transfer experience, students are encouraged to work with both their community college advisor and a UMKC advisor when planning their coursework.

UMKC's PlanMyDegree 'Audit' (<https://www.umkc.edu/registrar/academic-programs/plan-my-degree.html>) degree audit system provides an individual evaluation of all degree requirements (General Education, Degree Specific, Major Specific, etc.) for students' officially recorded (Office of the Registrar) and "what if" exploratory plans of study. This evaluation is used to certify all graduation requirements.

UMKC's PlanMyDegree 'Plans' (<https://www.umkc.edu/registrar/academic-programs/plan-my-degree.html>) degree planning tool enables students to develop a personalized semester by semester plan of study towards completion of degree requirements for student's officially recorded (Office of the Registrar) and "what if" exploratory plans of study. Update and edit your full plan to degree completion each term and confirm accuracy each semester with your Academic Advisor(s).

Major Map

Four Year Graduation Plan - Courses & Critical Benchmarks for First Time College Students:

UMKC's Major Maps are detailed, undergraduate four-year course outlines that inform students on the classes they should take and when to take them. Outlines are updated yearly. Graduate students should visit their program's individual school for program outlines.

The following is a sample course of study. Your path to graduation may vary based on factors such as college credit you earned while in high school, transfer work from other institutions of higher learning, and placement in Mathematics. You are responsible for checking prerequisites to any courses. It is the Student's responsibility to ensure that all program requirements are met. This guide is not a substitute for academic advisement.

First Year

Fall Semester	Credits	Spring Semester	Credits
PSYCH 210 ^{CC}		3 PSYCH 212 or 231 ^{CC}	3
GEFSE 101		3 ENGLISH 225	3
ENGLISH 110		3 STAT 115	3
GECRT-SS 101, 102, 104, 105, 106, 107, 108, or 111		3 GECRT-AH 101, 102, 103, 104, 105, 106, 107, 108, 109, 110, 112, 113, or 114	3
General Elective		3 General Elective	3
		15	15

Second Year

Fall Semester	Credits	Spring Semester	Credits
PSYCH 316 ^{CC}		3 PSYCH 217 ^{CC}	3
GECRT-SC 101, 102, or 103		3 PSYCH 302 ^{CC}	3
HISTORY 101, 102, or POL-SCI 210		3 GECDV 201, 202, 203, 204, 205, 206, 207, 208, 209, 210, or 211	3
COMM-ST 110		3 General Elective	3
GECUE 201, 203, 204, 205, 206, or 272		3 General Elective	3
		15	15

Third Year

Fall Semester	Credits	Spring Semester	Credits
PSYCH 222, 271, or 440		3 PSYCH 407	3
PSYCH 323, 433, or 444		3 PSYCH 305 or 320	3
3XX/4XX General Elective		3 3XX/4XX General Elective	3
General Elective		3 General Elective	3
General Elective		3 General Elective	3
		15	15

Fourth Year

Fall Semester	Credits	Spring Semester	Credits
PSYCH 418		3 PSYCH 3XX/4XX Major Elective	3
PSYCH 3XX/4XX Major Elective		3 3XX/4XX General Elective	3
General Elective (3XX/4XX if needed)		3 General Elective	3
General Elective		3 General Elective	3
General Elective		3 General Elective	3
		15	15

Total Credits: 120

CC Critical Courses provide feedback regarding major fit and help indicate likelihood of successful completion of chosen academic program and degree.

Recommendations to Maintain Progress toward 4-Year Degree Completion

- Completion of the First Semester Experience (FSE) course in first term.
- Early completion of Written Communication, Oral Communication, and Math Pathway requirements.
- Maintain the minimum GPA required for academic Good Standing for your degree program.
- Completion at least 15 credit hours toward degree each regular semester. (*Students may use the summer to ensure completion of 30 hours per academic year or to lighten Fall and Spring course loads.*)
- Enrollment in Critical Courses as listed on the Major Map is recommended in order to maintain timely progress and completion of prerequisite coursework.
- Early and continuous enrollment in Foreign Language through completion of level required for degree program is recommended. (*The Foreign Language placement exam is highly recommended to ensure placement in the correct course level.*)
- Regular consultation with Academic Advisor(s) for program(s) of study is strongly recommended and may be required for some degree programs..

Roo Advising (<https://catalog.umkc.edu/roo-advising/>)

Email: roadvising@umkc.edu

Phone: 816-235-1148

Milestones

Year 1

Fall Semester	Spring Semester
Login to PlanMyDegree (https://planmydegree.umkc.edu/selfserviceK/general/home.html):	Login to PlanMyDegree (https://planmydegree.umkc.edu/selfserviceK/general/home.html):
<ul style="list-style-type: none"> • Review your degree audit in PlanMyDegree • Create an academic plan for the Spring semester in PlanMyDegree 	<ul style="list-style-type: none"> • Review your degree audit in PlanMyDegree • Create an academic plan for Year 2 in PlanMyDegree
Schedule appointment with Academic Advisor to review Academic Plan and obtain Spring semester approval to release advising hold . (https://umkc.starfishsolutions.com/starfish-ops/support/login.html)	Schedule appointment with Academic Advisor to review Academic Plan and Year 2 approval to release advising hold .
Complete the Missouri Higher Education Civics Achievement Exam . (https://catalog.umkc.edu/undergraduate-academic-regulations-information/graduation/civics-exam (https://catalog.umkc.edu/undergraduate-academic-regulations-information/graduation/civics-exam/))	Visit a faculty member during office hours/student drop-in hours to discuss their research.
Activate your Handshake account and take a look at on-campus positions. (https://www.umkc.edu/career-services/students/handshake.html)	Attend a Resume Workshop, Resume Blitz , or have a Resume Appointment with Career Services. (https://app.joinhandshake.com/edu/appointments/new (https://app.joinhandshake.com/edu/appointments/new/))
Take one of the following assessments to get a better understanding of yourself (https://www.umkc.edu/career-services/students/online-resources.html): Clifton Strengths, Focus2 , or Agile Work Profiler .	Attend an Employer Information Session or Networking in the 816 event. (https://www.umkc.edu/career-services/events (https://www.umkc.edu/career-services/events/))

Attend the Fall Jobs & Internship Fair or the STEM Fair to understand who is recruiting UMKC students. (https://www.umkc.edu/career-services/events)	Schedule a Choosing a Career Path / College Major appointment with a career coach to reflect on your major and see that it is in-line with career paths you are interested in. (https://umkc.joinhandshake.com/stu/appointments/new)
Attend Convocation and Roo Welcome Events . (https://www.umkc.edu/get-involved/events/convocation.html)	Attend events and explore RooGroups . (https://roogroups.umkc.edu/home_login)
Join a student organization . (find them via RooGroups: https://roogroups.umkc.edu/home_login)	Attend Leadership Workshops through the Office of Student Involvement. (https://www.umkc.edu/get-involved/programs)
Attend an Undergraduate Research Symposium (August-SUROP or November).	Attend UMKC's Annual Undergraduate Research Symposium (April).
Investigate on-campus Undergraduate Research employment opportunities (work-study funded UR Associates or grant-funded). (https://www.umkc.edu/undergraduate-research/student-resources/more-research-opportunities.html)	Enroll in a EUReka class (UMKC Essentials or lower-level in your MAP). (https://www.umkc.edu/undergraduate-research/get-started)
Join a journal club or research-focused student group , if offered in your dept/unit.	Identify potential faculty mentors in your major (UR-Linked: https://net2.umkc.edu/intapps/ur-links), or Dept/Unit Web sites).
Connect with Emerging Research Scholars in Multicultural Student Affairs (MSA). (https://www.umkc.edu/msa/scholar-programs)	Attend a research lecture or creative presentation in your major.

Thinking Ahead

- Explore summer enrollment to get caught up or get ahead.
- Explore study abroad opportunities with the Study Abroad and Global Engagement Office. (<https://www.umkc.edu/study-abroad>)
- Explore national competitive awards and scholarships. (<https://www.umkc.edu/career-services/awards>)
- Gain a general understanding of career outcomes for your chosen/desired majors.
- Identify 2-3 career options.
- Keep track of involvement using UMKC's Co-Curricular Transcript system. (<https://www.umkc.edu/get-involved/programs/co-curricular-engagement.html>)

Year 2

Fall Semester

Login to **PlanMyDegree** (<https://planmydegree.umkc.edu/selfserviceK/general/home.html>):

- Review your degree audit in **PlanMyDegree**
- Review and continue working on your academic plan in **PlanMyDegree**

Schedule appointment with Academic Advisor to review Academic Plan and obtain Spring semester approval to **release advising hold**. (<https://umkc.starfishsolutions.com/starfish-ops/support/login.html>)

Attend the **Fall Jobs & Internship Fair** or any **career fair** to identify internship opportunities / hiring windows. (<https://www.umkc.edu/career-services/events>)

Have an employer or Career Coach review your **resume**. (<https://umkc.joinhandshake.com/stu/appointments/new>)

Consider applying for an **on/off-campus internship** or **research opportunity**. (https://app.joinhandshake.com/edu/postings/pending?page=1&per_page=25) OR <https://www.umkc.edu/research>)

Spring Semester

Login to **PlanMyDegree** (<https://planmydegree.umkc.edu/selfserviceK/general/home.html>):

- Review your degree audit in **PlanMyDegree**
- Build out your academic plan through graduation in **PlanMyDegree**

Schedule appointment with Academic Advisor to review Academic Plan and ensure all program requirements are planned and obtain plan approval to **release advising hold**.

Attend an **Employer Information Session** or **Networking in the 816** event. (<https://www.umkc.edu/career-services/events>)

Take part in a **job shadowing experience** or a **site visit**. (<https://www.umkc.edu/career-services/job-shadowing.html>)

Attend any **career fair**. (https://umkc.joinhandshake.com/stu/events?collection=ALL&categories=5&eventFormat=HYBRID&sort=RELEVANCE&date=ALL&page=1&per_page=25)

Take on a **Leadership role** in a student organization or project team. (<https://www.umkc.edu/get-involved/student-organizations> (<https://www.umkc.edu/get-involved/student-organizations/>))

Attend an **Undergraduate Research Symposium** (August-SUROP or November).

Enroll in a **EUREka** class (UMKC Essentials or lower-level in your MAP). (<https://www.umkc.edu/undergraduate-research/get-started> (<https://www.umkc.edu/undergraduate-research/get-started/>))

Investigate on-campus **Undergraduate Research** employment opportunities (work-study funded UR Associates or grant-funded). (<https://www.umkc.edu/undergraduate-research/student-resources/more-research-opportunities.html>)

Meet with **potential faculty research mentors** in your major.

Investigate off-campus **Undergraduate Research** opportunities. (<https://www.umkc.edu/undergraduate-research/student-resources/more-research-opportunities.html>)

Connect with **Financial Wellness Center** and attend financial literacy workshops. (<https://www.umkc.edu/financial-wellness> (<https://www.umkc.edu/financial-wellness/>))

Attend UMKC's **Annual Undergraduate Research Symposium** (April).

Enroll in a **EUREka** class (UMKC Essentials or lower-level in your MAP). (<https://www.umkc.edu/undergraduate-research/get-started> (<https://www.umkc.edu/undergraduate-research/get-started/>))

Develop a plan with your faculty research mentor for years three and four.

Thinking Ahead

Explore summer enrollment to get caught up or get ahead.

Explore study abroad opportunities with the Study Abroad and Global Engagement Office. (<https://www.umkc.edu/study-abroad> (<https://www.umkc.edu/study-abroad/>))

Explore national competitive awards and scholarships. (<https://www.umkc.edu/career-services/awards> (<https://www.umkc.edu/career-services/awards/>))

Identify three internships or research opportunities that match your major and career goals.

Year 3

Fall Semester

Review your degree audit and academic plan in **PlanMyDegree** to ensure you are on track for anticipated graduation date.

Schedule an appointment or confirm enrollment plans as required with academic advisor to **release advising hold**. (<https://umkc.starfishsolutions.com/starfish-ops/support/login.html>)

Attend the **Fall Jobs & Internship Fair** or any career fair to discuss internship opportunities with employers. (<https://www.umkc.edu/career-services/events> (<https://www.umkc.edu/career-services/events/>))

Attend a workshop or appointment about **Cover Letters** and **LinkedIn**. (<https://app.joinhandshake.com/edu/appointments/new> (<https://app.joinhandshake.com/edu/appointments/new/>))

Apply to a minimum of 3 internships that are in-line with your major / career goals. (https://app.joinhandshake.com/edu/postings/pending?page=1&per_page=25 (https://app.joinhandshake.com/edu/postings/pending?page=1&per_page=25))

Run for **executive positions** in student organizations. (<https://www.umkc.edu/get-involved/student-organizations> (<https://www.umkc.edu/get-involved/student-organizations/>))

Apply for **on/off-campus research opportunities**, including **SEARCH**. (<https://www.umkc.edu/undergraduate-research/student-grants> (<https://www.umkc.edu/undergraduate-research/student-grants/>))

Enroll in upper-level **EUREka** Course in your major (investigate senior thesis options in your major). (<https://www.umkc.edu/undergraduate-research/get-started> (<https://www.umkc.edu/undergraduate-research/get-started/>))

Conduct research with support of faculty mentor.

Spring Semester

Review your degree audit and academic plan in **PlanMyDegree** to ensure you are on track for anticipated graduation date.

Schedule an appointment or confirm enrollment plans as required with academic advisor to **release advising hold**.

Submit **application for graduation** at the completion of 90 hours in Pathway. (<https://www.umkc.edu/registrar/academic-programs/graduation> (<https://www.umkc.edu/registrar/academic-programs/graduation/>))

Meet with an employer for an informational interview. (<https://cdn.careers.bloch.umkc.edu/wp-content/uploads/sites/130/2021/08/Bloch-Informational-Interviewing.pdf>)

Attend a Networking workshop or a **Networking in the 816** event. (<https://www.umkc.edu/career-services/events> (<https://www.umkc.edu/career-services/events/>))

Attend any **career fair**. (https://umkc.joinhandshake.com/stu/events?collection=ALL&categories=5&eventFormat=HYBRID&sort=RELEVANCE&date=ALL&per_page=25 (https://umkc.joinhandshake.com/stu/events?collection=ALL&categories=5&eventFormat=HYBRID&sort=RELEVANCE&date=ALL&per_page=25))

Attend **Grad Roo Fair**. (<https://sgs.umkc.edu/admissions/gradroo.html>)

Apply for **on/off-campus research opportunities**, including **SUROP**. (<https://www.umkc.edu/undergraduate-research/student-grants> (<https://www.umkc.edu/undergraduate-research/student-grants/>))

Enroll in upper-level **EUREka** Course in your major (investigate senior thesis options in your major). (<https://www.umkc.edu/undergraduate-research/get-started> (<https://www.umkc.edu/undergraduate-research/get-started/>))

Conduct research with support of faculty mentor.

Present at UMKC's **Fall Research Symposium**. (<https://www.umkc.edu/undergraduate-research/presentations> (<https://www.umkc.edu/undergraduate-research/presentations/>))

Investigate opportunities to present your research at regional or national conferences.

Apply for **Undergraduate Research Fellow** transcript designation (March 1 deadline). (<https://www.umkc.edu/undergraduate-research/recognition> (<https://www.umkc.edu/undergraduate-research/recognition/>))

Present at UMKC's **Annual Symposium of Undergrad Research** in April. (<https://www.umkc.edu/undergraduate-research/presentations> (<https://www.umkc.edu/undergraduate-research/presentations/>))

Thinking Ahead

Explore summer enrollment to get caught up or get ahead.

Explore national competitive awards and scholarships. (<https://www.umkc.edu/career-services/awards> (<https://www.umkc.edu/career-services/awards/>))

Establish one to two contacts in your desired industry.

Complete an internship / employment opportunity related to your major / career goals.

Year 4

Fall Semester

Review your degree audit and academic plan in **PlanMyDegree** to ensure all requirements are planned by anticipated graduation date.

Schedule an appointment or confirm enrollment plans as required with academic advisor to **release advising hold**. (<https://umkc.starfishsolutions.com/starfish-ops/support/login.html>)

Attend the **Fall Jobs & Internship Fair** or the **STEM fair** to identify jobs to apply to. (<https://www.umkc.edu/career-services/events> (<https://www.umkc.edu/career-services/events/>))

Attend a workshop or appointment about Job Searching. (<https://app.joinhandshake.com/edu/appointments/new> (<https://app.joinhandshake.com/edu/appointments/new/>))

Have a **mock interview** appointment with a Career Coach. (<https://app.joinhandshake.com/edu/appointments/new> (<https://app.joinhandshake.com/edu/appointments/new/>))

Serve on one or more **student advisory boards**.

Apply for **on/off-campus research opportunities**, including **SEARCH**. (<https://www.umkc.edu/undergraduate-research/student-grants> (<https://www.umkc.edu/undergraduate-research/student-grants/>))

Conduct research with support of faculty mentor.

Request nomination for **Undergraduate Research Day @ the Capitol** (URD@C) from your faculty mentor (November 1 deadline). (<https://www.umkc.edu/undergraduate-research/presentations/undergraduate-research-day-at-the-capitol> (<https://www.umkc.edu/undergraduate-research/presentations/undergraduate-research-day-at-the-capitol/>))

Present Your Research at **Fall UR Symposium** or at a regional or national conference in your discipline. (<https://www.umkc.edu/undergraduate-research/presentations> (<https://www.umkc.edu/undergraduate-research/presentations/>))

Feature research accomplishments on résumé or grad/professional school applications. **Celebrate your awesomeness!**

Thinking Ahead

Successfully obtain full-time work or graduate school admission and report your outcome in 12Twenty. (<https://www.umkc.edu/career-services/students/12twenty.html>)

Give back by speaking at student leadership panels or participating in alumni events.

Spring Semester

Review your degree audit and academic plan in **PlanMyDegree** to ensure all requirements are planned by anticipated graduation date.

Take **UMKC HEIghten Exam**. (<https://net3.umkc.edu/intapps/exitexams/Home.aspx>)

Pay close attention to email for information about **Graduation Fair** and **Commencement Exercises**.

Attend a Networking workshop or a **Networking in the 816** event. (<https://www.umkc.edu/career-services/events> (<https://www.umkc.edu/career-services/events/>))

Attend any **career fair**. (<https://umkc.joinhandshake.com/stu/events?collection=ALL&categories=5&eventFormat=HYBRID&sort=RELEVANCE&date=ALL&page=1> (<https://umkc.joinhandshake.com/stu/events/?collection=ALL&categories=5&eventFormat=HYBRID&sort=RELEVANCE&date=ALL&page=1>))

Attend a **senior send-off** and **Commencement-related events**. (<https://www.umkc.edu/commencement> (<https://www.umkc.edu/commencement/>))

Apply to a minimum of 5 jobs or **submit applications** to professional / graduate programs as needed. (https://app.joinhandshake.com/edu/postings/pending?page=1&per_page=25 (https://app.joinhandshake.com/edu/postings/pending/?page=1&per_page=25))

Conduct research with support of faculty mentor.

Present Your Research at **UMKC's Annual Symposium of Undergraduate Research** (April) or at a regional or national conference in your discipline.

In Canvas, complete all requirements in your **Graduation Checklist** (will appear in the second 8 weeks of the semester).