

# COUNSELING PSYCHOLOGY AND COUNSELOR EDUCATION (CPCE)

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## **Courses**

CPCE 230 Effective Interpersonal Communication Credits: 3

Theory, and research on interpersonal relationships; students will learn effective communication skills, including understanding verbal and nonverbal behavior, listening, and empathy.

CPCE 425 Positive Psychology Credits: 3

Introduction to current theory and empirical research in positive psychology. Topics explored include happiness, self-esteem, empathy, friendship, optimism, love, achievement, strengths, mindfulness, spirituality, and hope.